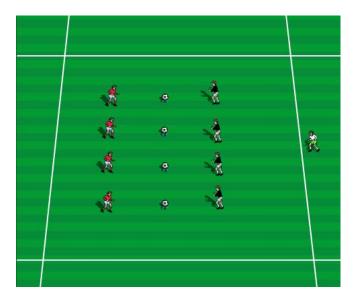


### Curriculum – First Kick

Game Title:	Humpty Dumpty	Game Theme:	Movements
Learning Outcome(s):	Kicking		



## **Organization:**

- 1. 20 x 20 yard area, set up as shown
- 2. 1 ball per player and parent / guardian
- 3. Disc cone

# Story/Description:

- 1. Players are paired with their parent/guardian
- 2. Humpy Dumpty (ball) is sitting on his wall (cone)
- 3. The goal is for the player to knock him off!

## **Coaching Points:**

- 1. Stop the ball first before you kick it, user your hands if necessary
- 2. Get nice and straight
- 3. Have a run up
- 4. Kick the middle of the ball really hard

## **Developments:**

1. Adjust the distance as players get better (start really close)

### Activity # - 20